

PIVOT |



Smoke less, show your heart some **love**

Meet Pivot's SmartSensor*



After quitting smoking for:



20 minutes

Your blood pressure & heart rate recover from nicotine-induced spikes.



24 hours

Your heart attack risk is lower.



1 year

Your risk of heart disease is cut in half.

The Pivot Program is **FREE** and includes:

- An FDA-cleared SmartSensor*
- A Mobile App
- Coaching + Community - Dedicated health coach in-app and access to Pivot's peer community
- Nicotine Replacement Therapy (NRT)* - Included free of charge.

*The Pivot SmartSensor and NRT are only provided to those who smoke combustible cigarettes.



Get started today!

Pivot is **FREE** for Automatic Sprinkler Local 281, U.A. Welfare Fund active participants, pre-Medicare retirees, and their eligible dependents 18+.

Scan the QR code below or visit pivot.co/ASF281 and use access code **ASF281** to learn more.

Need help quitting vaping?

We've got a solution for that too!